

Sacramento County Elder Care

A free, neutral resource families can trust

SacramentoCare Directory · sacramentocaredirectory.com · (916) 365-2628

Give this to any family facing a discharge decision. Our directory lists every licensed elder-care facility in Sacramento County — filtered by town and care type, each linked to its official state license record. It is free to families and we take no referral fees from any facility, so it is a resource you can share without conflict.

A family's rights at discharge

- **They can appeal a discharge or an end of coverage.** The Medicare notice they receive lists a QIO phone number and a deadline. Medicare keeps paying while a timely appeal is decided (usually within about 48 hours).
- **They choose where their loved one goes next.** A facility cannot direct a family to a specific business and must disclose any financial interest. Families may decline the first bed offered and ask for time to visit options.
- **Assisted living is usually on them to find.** Discharge teams place into Medicare-covered settings; assisted living and memory care (RCFEs) are private-pay and outside that network. This directory is built for exactly that gap.

Know the difference

- **Skilled nursing (SNF) rehab** — Medicare-covered short-term care, up to 100 days and only while progress continues.
- **Assisted living / memory care (RCFE)** — help with daily activities in a residential or secured setting. Private pay; Medicare does not cover it.
- **Home health** — skilled, intermittent nursing or therapy at home for someone certified homebound; not ongoing custodial help.

Find every licensed facility

Browse, filter, and compare licensed assisted living, memory care, skilled nursing, and home care at sacramentocaredirectory.com

Questions? Call (916) 365-2628.

840 licensed facilities · Compiled from CDSS/CDPH public records · Updated August 2026